



2022 FORUM SCHEDULE



Friday, April 22

Optional Pre-Conference Workshops

8:00 AM - 12:00 PM	Behavioral Health Care KSA - Mary Hanna, MD The new Behavioral Health Care ABFM-developed KSA activity combines content from both the current Depression and the Mental Health in the Community KSA activities. This new activity focuses on diagnosis and management of depressive disorders, bipolar disorder, anxiety disorders, substance use disorders, autism, ADHD, and comorbid behavioral health conditions. Advanced Registration Required. Extra Fee
8:00 AM - 12:00 PM	Point of Care Ultrasound (POCUS) Hands-On Workshop - Kevin Bergman, MD Point-of-Care-Ultrasound (POCUS) has rapidly established itself as an indispensable tool and the standard of care in many areas of medicine. The goal of this session is to introduce attendees to some of the most high-yield application of POCUS for the family physician, including using POCUS to diagnose: heart failure, kidney stone, AAA, cholecystitis, DVT, and musculoskeletal pathology such as rotator cuff tears. Advanced Registration Required. Extra Fee
12:00 PM	Exhibit Program Opens
1:00 PM	Forum Grand Opening
1:15 - 2:00 PM	KEYNOTE - Presence: Connection at the Crossroads - Belinda Fu, MD Battered and bruised by recent global crises, we are slowly reemerging into our communities, seeking to reconnect. How do we rebuild and nurture our shared humanity, and thus prepare ourselves for a world of ongoing uncertainty? The answer may lie in presence. In this session, Dr. Belinda Fu explores the impact of presence on our moments of interpersonal intersection. Drawing from interdisciplinary wisdom, Dr. Fu presents a novel perspective on how we can personally increase our individual state of presence, so that we may see each other more clearly, connect more deeply, and navigate this new world with relationships stronger than they ever were before.
2:00 - 2:45 PM	From Trauma to Healing: For Our Patients, Our Communities, and Ourselves - Erika Roshanravan, MD, FAAFP; Adia Scrubb, MD; Brent Sugimoto, MD, FAAFP When crafting its goal to prioritize justice through diversity, equity, and inclusion (JEDI) in the triennial strategic plan, the CAFFP specified that this work would be done through a trauma-informed lens. While the relationship between trauma and inequity is well-recognized, the consideration of trauma in JEDI work is groundbreaking and visionary in medicine. Family medicine's expansive view of what is important to health naturally aligns our specialty with the principles of being trauma-informed. In this session, you will learn how a trauma-informed lens can help address the root causes of our patients' poor health and empower family physicians to provide even more engaging care that satisfies patients and our own professional aspirations. The faculty of the CAFFP's Family Medicine Initiative on Trauma-Informed Care (CAFFP FIT) will dive deep into why a trauma-informed lens is an essential tool for addressing health disparities in our patients. They will talk about how trauma-informed care improves the health of not only
2:45 - 3:00 PM	Refreshments with Exhibitors - Colonial/Italian Rooms
3:00 - 3:30 PM	Caring for your Cancer Survivors - Michelle Quiogue, MD, FAAFP People who have survived cancer need their family doctors to manage ongoing chronic diseases and to recognize specific risk factors for developing late effects of cancer treatment. Preventive care should be tailored to each individual based on their history of exposure to radiation treatment and chemotherapy. Get up to date on current preventive care guidelines specific to cancer survivors during this session.
3:30 - 4:30 PM	Family Medicine Update - Hobart "Hoby" Lee, MD, FAAFP This popular session will provide learners with a review of major topics from the 2021 medical literature. You will learn more about key changes that will affect or change the way you care for your patients.
4:30 - 5:00 PM	Diabetes: It's Everywhere! - Van Nguyen, DO, FAAFP Per the CDC, 1-in-10 patients have diabetes and 1-in-3 patients have prediabetes. With increasing demands on the primary care physician, an easy, practical, and compassionate approach to DM management is essential. This session will review the ADA's Standards of Medical Care in Diabetes, focusing on antihyperglycemic agents. These antihyperglycemic agent principles will then be applied to various patient scenarios.
5:00 - 5:30 PM	Pharmacologic Treatment of Obesity - Shani Muhammad, MD, FAAFP This session will discuss timing of appropriate treatment for obesity, aims to familiarize primary care physicians and other healthcare providers with the various medications available to treat obesity.
5:30 - 7:00 PM	All Member Reception and Exhibits - Colonial/Italian Rooms

Saturday, April 23

7:00 - 8:00 AM	Breakfast/Exhibit Break - Colonial Room & Foundation Awards Breakfast in Georgian Room	Awards Presentation (7:30 AM) - Georgian Room Join your colleagues as they celebrate the 2022 CAFFP Foundation Award Winners!
8:00 - 8:15 AM	Morning Opening	Procedures Workshop for Students and Residents ONLY
8:15 - 9:15 AM	COVID in Year Three - What's Next? - Peter Chin-Hong, MD & Jeff Luther, MD, FAAFP As we enter year three of a pandemic characterized by rapidly evolving understanding of the disease and near constant flux in measures available and taken to control spread, this session will offer learners a current and forward-focused understanding of COVID-19, from the infectious disease to the primary care perspective.	The CAFFP Foundation Procedures Workshop is a hands-on event for students and residents! Come prepared to learn and practice
9:15 - 9:20 AM	Break - Two Tracks Begin	

9:20 - 9:50 AM	<p>Grand Ballroom</p> <p>Everybody is Welcome Here: Tips for Creating Inclusive Spaces for Transgender and Gender Non-binary Patients - Shannon Connolly, MD, FAAFP</p> <p>This presentation will provide a brief overview of best practices for creating inclusive environments for transgender and gender non-binary patients in primary care settings.</p>	<p>PRACTICE MANAGEMENT TRACK - Georgian Room</p> <p>Key Trends Influencing Medical Malpractice Coverage and the Family Practice - Lisa Thomsen, MD, FAAFP</p> <p>Family physicians continue to grapple with issues like sustaining practice viability and navigating regulatory and administrative barriers that only interfere with quality patient care. It is more essential than ever to access solutions and opportunities that support your ability to treat patients. Medical professional liability (MPL) carriers must rise to the challenge, recognizing that family physicians are the first line of defense for their patients and access to care is critical. MPL carriers should have a meaningful impact on helping patients get the quality effective healthcare they need. In this presentation, family physicians will understand the critical elements of good medical malpractice</p>	<p>office-based procedures within the family medicine specialty. We are offering a medical student track (including Suturing, Pap, Joint Injections and POCUS) and an advanced track for residents (Colposcopy/EMB, POCUS, IUD, Derm Biopsy and Toenail Removal).</p>
9:50 - 10:20 AM	<p>Making the Shift from Weight-Focused to Weight-Inclusive Care - Michelle May, MD, FAAFP</p> <p>The goal of patient care is improved health and well-being. However, the current dominant weight-centered paradigm has been shown to be not only ineffective, but harmful. Shifting to a weight-inclusive approach encourages optimal care and well-being for individuals along the entire weight spectrum and improves health equity. We'll review the evidence and explore specific strategies for supporting the shift to weight-inclusive care and make a plan for creating a</p>	<p>Outpatient Evaluation and Management Services - Claudia Lewis, CPC, CPMA, CHC</p> <p>In 2021, the AMA and CMS made significant changes to outpatient E/M services. In this session we will discuss the current documentation requirements to help you determine the appropriate outpatient E/M level of service.</p>	
10:20 - 10:50 AM	<p>Moving from Race-Based to Race-Conscious Medicine - Monica Hahn, MD</p> <p>Review examples of race-based medicine and how to recognize it as an example of structural racism in medicine.</p>		
10:50-11:00 AM	Exhibit and Refreshment Break		
11:00 - 11:30 AM	<p>So Your Patient Just Screened Positive for OUD, Now What? - Jay W. Lee, MD, MPH, FAAFP</p> <p>So your patient just screened positive for opiate use disorder (OUD), now what? Be inspired to overcome your fear, be more aware of your unconscious biases, and begin leveraging buprenorphine therapy for your patients experiencing OUD. Become who your patients need you to be!</p>	<p>Legal Implications of Business Arrangements - Scott Kessenick</p> <p>Physician employers often implement complex contractual and corporate arrangements to avoid laws designed to protect physician autonomy. (For example, preventing "competition" after termination of employment). This discussion will focus on the California laws that protect physicians, explain the common arrangements intended to circumvent them, and help physicians identify</p>	
11:30 AM - 12:30 PM	<p>Doing Less Harm: Improving Care and Decreasing Barriers for People Who Use Drugs - Mary Orsulak, MD; Carolyn Chu, MD & Shatterproof Ambassador</p> <p>Long-standing structural biases including racism have shaped experiences across every community, and have led to important substance use disorder (SUD)-associated inequities in the U.S. To begin addressing such inequities, health care providers should hold a clear understanding of the social and institutional factors driving SUD health outcomes. Harm reduction and increased access to evidence-based, person-centered SUD treatment are two necessary approaches to support health for people who use drugs. This session aims to increase awareness of how racial inequities in SUDs highlight significant gaps in our public health infrastructure and response. Presenters will share information on life-saving opportunities and medical interventions which family physicians are well-positioned to provide, as well as readily-</p>	<p>Practice Management and Health IT - Through The Pandemic and Beyond - Kim Yu, MD</p> <p>Discover practice management and health IT lessons learned and changes to practice as a result of the pandemic, including the good, the bad, the ugly, and what is likely to stay indefinitely post-pandemic. This interactive session will highlight the best practices and pearls from the pandemic and provide a template with practical tips and solutions for your practice. Bring your highlights and best practices to share with fellow family physicians and colleagues and leave inspired to take your practice to higher levels of success.</p>	

12:30 - 1:30 PM	Celebration Luncheon - with AAFP President-Elect Touchi Iroku-Malize, MD, MPH, MBA, FAAFP Join your colleagues for a fun filled lunch that will include the presentation of the CAFP Family Doctor of the Year Award, convocation of new AAFP Fellows and the 2022 CAFP installation of officers!
1:30 - 1:45 PM	Exhibit and Refreshment Break
1:45 - 2:45 PM	Residents' Poster Session (Supported by the CAFP Foundation) Each year, residents from across California's Family Medicine Residency Programs are invited to submit case and research abstracts that undergo a blind-review process. Up to 20 entries are selected for display in the Exhibit Hall at the CAFP Clinical Forum. Of those, the top 10 scoring posters are presented by resident authors in a 2-minute, 2-slide, 2-question format. Come see what the newest family doctors are
2:45 - 3:30 PM	Jeopardy CME - Hosted by the CAFP Committee on Professional Development (CCPD) - Laura Murphy, DO and Tipu Khan, MD, FAAFP Don't miss this exciting opportunity to test your knowledge in categories such as JEDI, Guidelines, Pandemic; and much more! Exciting prizes to the winning team!
3:30 PM	End of Day Two
3:45 - 4:00 PM	Optional Chapter Gatherings: Los Angeles Academy Members Meet and Greet
Sunday, April 24	
7:00 - 8:15 AM	CAFP Foundation FundRun Calling all sprinters, joggers and walkers! Join us along San Francisco's beautiful Embarcadero for a 5K Run/Walk hosted by the CAFP Foundation. All proceeds benefit student and resident programming. Sign up when you register for the Forum.
8:15 - 9:15 AM	Breakfast/Table Talks Want to talk about specific topics? This is your opportunity to join others for breakfast based on topics of interest.
9:30 - 10:00 AM	Morning Opening: CAFP and Sacramento Update - Lisa Folberg, MPP, CAFP CEO
10:00 - 10:30 AM	Family Medicine and the National Scene - Tochi Iroku-Malize, MD, MBA, FAAFP, AAFP President-Elect
10:30 - 11:00 AM	Family Medicine as a Social Movement: A Call to Action - Kevin Grumbach, MD, FAAFP A better future for family medicine and the health of the public requires learning from history. Decades ago, the family physician visionary Gayle Stephens framed family medicine as a counter culture movement. The sociologist Paul Starr, in his seminal book The Social Transformation of American Medicine, wrote, "The dream of reason did not take power into account." It is forty years later and despite earnest efforts, family medicine and primary care remain an under-resourced sector of US health care. I propose that we need to fundamentally rethink our strategies to assert power to transform health care on a strengthened and better resourced foundation of primary care. This will require strengthening allyship with patients and the public to build a broad-based social movement that demands a fundamental restructuring of the health system
11:00 - 11:10 AM	Break
11:10 AM -12:10 PM	Improving Practice Through Dermoscopy - George Kent, MD Dermoscopy has an evidence base to support its use in primary care for skin cancer detection, but the need for training has been cited as a key barrier to its use. Please join us as faculty provides learners with information, illustrations, tips and tricks about how to recognize dermoscopic criteria for various issues seen frequently in Family Physician offices.
12:10 - 12:40 PM	Change Comes When We Lead with Love - Catherine Sonquist Forest, MD, MPH, FAAFP In this session, Dr. Forest will explore how both personal and societal dark times can lead us into feelings of despair, sadness, and helplessness. How can we tap into hope? By using mindful narratives of our experiences, we can begin to improve that which we have control and identify that which requires structural change. The solipsism of thinking 'self-care' is enough can lead us into thinking we are alone in our experience and can contribute to dysphoria. In order to effect change, data supports 'leading from love' by seeking vulnerability, true understanding, active listening, and radical acts of compassion. Ever practical, seasoned, funny (at times), and idealistic, Dr. Forest will share her story in hopes to inspire others to take care of themselves and to lead with love so we can all change the world for the better.
12:40 PM	Closing Remarks - Carol Havens, MD, FAAFP
Optional Post-Conference Workshops	
1:00 - 5:00 PM	Musculoskeletal Injections Workshop - Jay Hariharan, MD and Andrew Cheung, DO The CAFP Musculoskeletal Injections Workshop will cover various aspects of performing joint injections in the Family Medicine clinical setting, including but not limited to: indications for injection, injection techniques, risks and benefits of injection, and billing. Technical areas of focus will include anatomical guidance for injection techniques, as well as introduction of some principles of ultrasound guidance. Anatomic locations of focus will include the shoulder and knee, as well as other conditions where injections may be indicated in the primary care setting, such as carpal tunnel syndrome, trigger finger, and medial/lateral epicondylitis. Hands-on practice in group settings will be an integral part of the workshop, with special prosthetic practice models provided for our use. Advanced registration required. Limited to 20. Extra Fee
1:00 - 5:00 PM	Care of Children KSA - Diana Mokaya, MD The new Care of Children ABFM-developed KSA activity focuses on normal child growth and development, surveillance and prevention recommendations, congenital and hereditary illness, chronic illness, trauma, toxicity, infections, and behavioral health conditions for children ages newborn to 18 years old. After successful completion, you will earn 10 certification points and eight AAFP CME credits. Advanced Registration Required. Extra Fee